



اتحاد الإمارات للرياضات الشتوية
UAE WINTER SPORTS FEDERATION



International Interclub Figure Skating Competition

9 – 11 February 2024

1. GENERAL REGULATIONS

All club members are invited to participate in the 2024 SKATE EMIRATES International Interclub Figure Skating Competition to be held in Dubai, United Arab Emirates. This competition will include all levels from Foundation up to Seniors and will be judged using the ISU International Judging System (IJS).

All competitors must be registered by their respective club or federation.

2. TECHNICAL DATA

Venue: Sports Society Ice Rink

Venue location: Mirdif - Dubai, United Arab Emirates

Indoor heated Ice Rink with the ice surface being 200 x 85ft

Foundation Entrance Level		
Level	F1	F2
Ages	All ages (Grouping based upon birth date before July 1 st preceding competition/maximum 2 years age difference)	
Program Duration	1:00 (+/- 10 sec)	1:00 (+/- 10 sec)
Elements	<ul style="list-style-type: none"> • Sit down and rise up on Ice • Walking forwards across the ice • Gliding forward across the ice • Squat glide • Forward swizzles • Forward wiggles 	<ul style="list-style-type: none"> • Walking backwards across the ice • Backward two footed glide • Backward swizzles • Backward wiggles • Two foot turn from forward to backward / backward to forward clockwise • Snow plow stop
Level	F3	F4
Elements	<ul style="list-style-type: none"> • Basic stroking forward • Flower forward / backward on a circle • Two foot turn from forward to backward / backward to forward counter clockwise • Backward one foot glide • Forward / Backward slalom • Pivot forward / one circle 	<ul style="list-style-type: none"> • Forward outside edges • Forward inside edges • Backward stroking • T-Stop • Pivot backward / one circle • Two foot spin (minimum 3 revolutions)
Level	F5	F6
Elements	<ul style="list-style-type: none"> • Backward outside edges • Backward inside edges • Forward crossovers • Backward crossovers • Two foot spin (minimum 7 revolutions) • Hockey stop 	<ul style="list-style-type: none"> • Forward outside 3 turn • Forward inside 3 turn • Bunny hop • Arabesque forward • Lunge • 1 foot spin (minimum 3 revolutions)
Level	F7	F8
Elements	<ul style="list-style-type: none"> • Combination of outside 3-turns with crossovers • Slalom on one foot forward • Arabesque backward • Mohawk • Crossroll forward • Waltz jump 	<ul style="list-style-type: none"> • Combination of inside 3-turns with crossovers • Slalom on one foot backwards • Crossroll backwards • 2 consecutive waltz jumps
Falls	No Deduction	
Time Violation	0.25 for every 5 seconds of time violation (less or excess) Maximum 30 seconds allowance to obtain starting position	
Components	Composition – Choreography reflecting music and form / Movement- use of space / Transition between elements Presentation – Variety / Contrast of energy and movements / Performance and timing Skating Skills – Balance and glide / Power and speed / Clarity and flow / Execution of required elements	
Interruptions	No deduction up to 30 seconds. Maximum allowance of 30 seconds to resume from point of interruption.	

Entrance Level		
Level	Pre-Preliminary	Preliminary
Ages	All ages (Grouping based upon birth date before July 1 st preceding competition/maximum 4 years age difference)	
Program Duration	1:30 (+/- 10 sec)	1:30 (+/- 10 sec)
Elements	Maximum 3 Jump Elements: <ul style="list-style-type: none"> • Half flip • Single Salchow jump • Single Toe Loop jump • One Foot Spin (Minimum 4 revolutions) • Choreographic Sequence 	Maximum 2 Jump Elements: <ul style="list-style-type: none"> • Single Loop Jump • Combination Jump (No higher level than Single Loop Jump) • Back spin (Minimum 3 revolutions) • Upright Spin (minimum 6 revolutions) • Choreographic Sequence
Falls	0.25 deduction per fall	0.25 deduction per fall
Time Violation	<ul style="list-style-type: none"> • 0.25 for every 5 seconds of time violation (less or excess) from the first movement to the full stop • Maximum 30 seconds allowance to obtain starting position 	
Components	Composition, Presentation and Skating Skills	Composition, Presentation and Skating Skills
Interruptions	For every interruption of: <ul style="list-style-type: none"> - More than 10 seconds up to 20 seconds= deduction of 0.25 - More than 20 seconds up to 30 seconds= deduction of 0.50 - More than 30 seconds = deduction of 0.75 Interruption of the program with allowance of up to 1 minute to resume from point of interruption.	
<ul style="list-style-type: none"> • A jump combination can contain only two (2) jumps per sequence. • A Choreographic Sequence consists of at least two different movements like Spirals, Arabesques, Spread Eagle, Ina Bauers, Hydroblading, etc. Steps and turns may be used to link the two or more different movements together. • The Spiral position must be held for at least 3 seconds long in the Choreographic sequence. 		

Entrance Level		
Level	Pre-Bronze	Bronze
Ages	All ages (Grouping based upon birth date before July 1 st preceding competition/ Maximum 4 years age difference)	
Program Duration	2:00 (+/- 10 sec)	2:00 (+/- 10 sec)
Elements	Maximum 3 Jump Elements: <ul style="list-style-type: none"> • Single Flip Jump • Combination jump (No higher than Single Flip) • Euler and Single Salchow Combination Jump • Upright change backspin (minimum 3 revolutions each foot) • Choreographic Sequence 	Maximum 3 Jump Elements: <ul style="list-style-type: none"> • Single Lutz jump • Combination Jump (Not higher than Single Lutz jump) • Solo jump (not higher than single Lutz) • Sit Spin (Minimum 4 revolutions/Maximum Level 1) • Step Sequence (Maximum level 1)
Falls	0.25 deduction per fall	0.25 deduction per fall
Time Violation	<ul style="list-style-type: none"> • 0.25 for every 5 seconds of time violation (less or excess) from the first movement to the full stop. • Maximum 30 seconds allowance to obtain starting position 	
Components	Composition, Presentation and Skating Skills	Composition, Presentation and Skating Skills
Interruptions	For every interruption of: <ul style="list-style-type: none"> - More than 10 seconds up to 20 seconds= deduction of 0.25 - More than 20 seconds up to 30 seconds= deduction of 0.50 - More than 30 seconds = deduction of 0.75 Interruption of the program with allowance of up to 1 minutes to resume from point of interruption.	
<ul style="list-style-type: none"> • For all step sequence and spin levels/variations, please refer to ISU Technical Handbook and relevant Communications. • A jump combination can contain only two (2) jumps. • A Choreographic Sequence consists of at least two different movements like Spirals, Arabesques, Spread Eagle, Ina Bauers, Hydroblading, etc. Steps and turns may be used to link the two or more different movements together. • The Spiral position must be held for at least 3 seconds long in the Choreographic sequence. 		

Entrance Level		
Level	Pre-Silver	Silver
Ages	All ages (Grouping based upon birth date before July 1 st preceding competition / Maximum of 4 years age difference)	
Program Duration	2:30 (+/- 10 sec)	2:30 (+/- 10 sec)
Elements	Maximum 2 Jump Elements: <ul style="list-style-type: none"> • Jump Combination (Not higher than Single Lutz) • Single Axel • Camel Spin (Minimum 4 revolutions) • Combination Spin (No change foot/Minimum 6 revolutions) • Step sequence (Maximum level 1) 	Maximum 3 Jump Elements: <ul style="list-style-type: none"> • 2 Solo jumps (No higher level than Double Salchow) • 1 Combination jump (Axel jump with single combination) • One position spin (No change of foot/Minimum of 6 revolutions/Maximum level 2) • Spin combination (No change of foot/ Minimum 6 revolutions/No flying entry) • Step sequence (Maximum Level 2)
Falls	0.25 deduction per fall	0.25 deduction per fall
Time Violation	<ul style="list-style-type: none"> • 0.25 for every 5 seconds of time violation (less or excess) from the first movement to the full stop • Maximum 30 seconds allowance to obtain starting position 	
Components	Composition, Presentation and Skating Skills	Composition, Presentation and Skating Skills
Interruptions	For every interruption of: <ul style="list-style-type: none"> - More than 10 seconds up to 20 seconds= deduction of 0.25 - More than 20 seconds up to 30 seconds= deduction of 0.50 - More than 30 seconds = deduction of 0.75 Interruption of the program with allowance of up to 1 minutes to resume from point of interruption.	
<ul style="list-style-type: none"> • For all step sequence and spin levels/variations, please refer to ISU Technical Handbook and relevant Communications. • A jump combination can contain only two (2) jumps. • Any single or double jump cannot be executed more than twice total. 		

Entrance Level		
Level	Pre-Gold	Gold
Ages	All ages (grouping based upon birth date before July 1 st preceding competition / Maximum 5 years age difference)	
Program Duration	2:50 (+/- 10 sec)	2:50 (+/- 10 sec)
Elements	Maximum 3 Jump Elements: <ul style="list-style-type: none"> • 1 Solo (must be axel) • 1 Solo (must be a double jump/no higher than double Toe loop level) • 1 combination jump or sequence (Not higher than double Toe Loop with single combination or sequence) • One position spin (No change of foot/Minimum 6 revolutions/No flying entry) • Combination Spin (WITH change of foot/minimum 10 revolutions/No flying entry) • Step sequence (Maximum Level 2) 	Maximum 4 Jump Elements: <ul style="list-style-type: none"> • 1 Solo jump (Must be axel type jump) • 1 double jump (No higher than Double Flip level) • 1 combination jump (Must be a double-double jump/ Not higher than double Flip level) • 1 combination jump or sequence (Axel with a double jump/not higher than double Flip) • Spins have a maximum of level 3 • One position spin (With/Without change of foot/Minimum 8 revolutions/No flying entry) • Combination spin (Change of foot/Minimum 10 revolutions/Flying entry allowed) • Step sequence (maximum level 3)
Falls	0.50 deduction per fall	0.50 deduction per fall
Time Violation	<ul style="list-style-type: none"> • 0.50 for every 5 seconds of time violation (less or excess) from the first movement to the full stop • Maximum 30 seconds allowance to obtain starting position 	
Components	Composition, Presentation and Skating Skills	Composition, Presentation and Skating Skills
Interruptions	For every interruption of: <ul style="list-style-type: none"> - More than 10 seconds up to 20 seconds= deduction of 0.50 - More than 20 seconds up to 30 seconds= deduction of 0.75 - More than 30 seconds = deduction of 1.0 Interruption of the program with allowance of up to 2 minutes to resume from point of interruption.	
<ul style="list-style-type: none"> • For all step sequence and spin levels/variations, please refer to ISU Technical Handbook and relevant Communications. • A jump combination/sequence may contain only two (2) jumps. • Any single or double jump cannot be executed more than twice total. 		

Entrance Level	
Level	Basic Novice
Free Skating Boys and Girls	The program to be skated will be in accordance with ISU Communication 2562 and subsequent updates. Duration: 2:30 +/- 10 sec.

Entrance Level	
Level	Intermediate Novice
Free Skating Boys and Girls	The program to be skated will be in accordance with ISU Communication 2562 and subsequent updates. Duration: 3:00 +/- 10 sec.

Entrance Level	
Level	Advanced Novice
Short Program Boys and Girls	Age and requirements according to the ISU Special Regulations & Technical Rules Single and Pair 2022, ISU Communication 2562 and all subsequent updates. Duration: 2:20 +/- 10 sec
Free Skating Boys and Girls	Age and requirements according to the ISU Special Regulations & Technical Rules Single and Pair 2022, ISU Communication 2562 and all subsequent updates. Duration: 3:00 +/- 10 sec.

Entrance Level	
Level	Juniors
Short Program Men and Women	Age and requirements according to the ISU Technical Rules Single and Pair 2022, and respective ISU Communications. Duration: 2:40 +/- 10 sec
Free Skating Men and Women	In accordance with ISU Technical Rules Single and Pair Skating 2022, and respective ISU Communications and updates. Duration: 3:30 +/- 10 sec.

Entrance Level	
Level	Seniors
Short Program Men and Women	Technical requirements are in accordance with ISU Technical Rules, Single and Pair Skating 2022, and respective communications. Duration: 2:40 +/- 10 sec
Free Skating Men and Women	In accordance with ISU Technical Rules Single and Pair Skating 2022, and respective ISU Communications and subsequent updates. Duration: 4:00 +/- 10 sec.

3. ENTRY

Registered Clubs must submit Entry Form, Program Content Form (except for Foundation Category) and Passport Copy for each entry.

Announcement and Forms can be found and downloaded from the ESC website www.emiratesskating.com or **Sportity App** (using Event Password: **esc123**)



All forms must be submitted to:

skate.ae.forms@gmail.com

Entry deadline is **January 27, 2024.**

*The organizer reserves the right to enter additional skaters in each category and limit entries as is required.

3.1 ENTRY FEES

The entry fee per skater is - **AED 420**

Entries fees must be sent including the competitors name, club name and category to:

BANK DETAILS:

Account name: Emirates Skating Club

Account Number: 12627652820001

IBAN: AE200030012627652820001

Bank Name: Abu Dhabi Commercial Bank

Swift Code: ADCBAEAAXX

Proof of payment should include skaters name, club and category. This payment confirmation should be sent to skate.ae.forms@gmail.com

***Entry fee deadline is January 27, 2024**

4. MUSIC

All competitors must submit their music in mp3 format to skate.ae.music@gmail.com

Music submission must include competitors name, club name, exact running time and category.

Example: Roquiya Cochran_Emirates Skating Club_4 min_FP_Senior

***Music submission deadline is January 27, 2024**

***Music submission changes or late music submissions has an addition fee of AED50**

5. ACCREDITATION

Accreditations will take place at Venue accreditation desk beginning February 8th

February 8, 2024 / 10:30am-9:30pm

February 9, 2024 / 8:30am-6:00pm

February 10, 2024 / 8:30am-8:00pm

At accreditation desk, a back-up USB with competitor's music must be submitted in order to be a confirmed competitor. It must be labelled to include competitors name, club name, exact running time and category.

6. RESULTS

Judging and calculations will be done by the ISU judging System. Result protocols will be posted on:

[The Sportity App](#)

7. AWARDS

Foundation level competitors will receive medals for 1st, 2nd and 3rd place. All other foundation category participants will receive a participation medal.

All other competition categories will receive medals for 1st, 2nd or 3rd place with participation certificates being issued.

Award ceremony details will be posted on the rink information board at the accreditation desk.

8. DRAWS

Draws will be done electronically by IJS Operator, Technical Controller and Referee. Orders will be posted at the Venue information accreditation desk and on the Sportity App by February 8th.

9. OFFICIAL PRACTICE

Official practice will be given to Basic Novice, Intermediate Novice, Advanced Novice, Junior and Senior categories only.

The possibility to reserve team practice ice is at the discretion of the organizers and will be based solely upon ice availability **after entry deadline**.

10. ACCOMMODATION AND TRAVEL

The organizing committee will provide travel, full board accommodation and transportation to and from the venue for judges and all invited officials beginning February 8th evening and ending February 12th morning.

If any judge or official arrives before or departs after such designated dates, he/she will be responsible for all additional expenses.

Participants, teams or visitors are responsible for their own travel, accommodation, transportation and all other expenses.

11. LIABILITY

All participants act on their own responsibility. The organizer accepts no liability for bodily or personal injury or for property loss or damage incurred by any competitor, official or guest. Each participant is required to provide their own insurance protection.

12. ORGANIZING COMMITTEE

This event is organized by Emirates Skating Club. All event schedules and relevant competition information will be posted on the Sportity App. For other inquiries please contact O/C Chairman:

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